

# TRIPLE P PARENTING PROGRAM

## Behaviour Seminars for Parents and Carers



### Stepping Stones Triple P — North Sydney

The **Triple P Positive Parenting** is a world leading evidence-based parenting program, backed up by more than 35 years of ongoing research. Triple P gives parents simple & practical strategies to help you build strong, healthy relationships, confidently manage your child's behaviour and prevent problems developing.

*Supermarket meltdowns? Mealtime tantrums? Bedtime battles?  
When you're the parent or caregiver of a child with a disability,  
sometimes life can be extra challenging.*



**Stepping Stones** Triple P is designed specifically for parents of children aged 2 to 12 years with additional needs and can help to reduce emotional and behavioural problems in children. The seminars tackle the most common issues for parents of children with a disability. Each seminar takes just 90 minutes and you can choose to do one, two or all three.

- **Seminar 1: Positive Parenting for Children with a Disability**  
Tuesday 11 February 2020, 7.00pm—8:30pm
- **Seminar 2: Helping your Child Reach Their Potential**  
Tuesday 18 February 2020, 7.00pm—8:30pm
- **Seminar 3: Changing Problem Behaviour Into Positive Behaviour**  
Tuesday 25 February 2020, 7.00pm—8:30pm

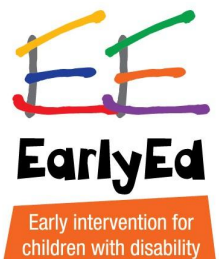
**Facilitator:** Vanessa Jackson is a qualified Stepping Stones presenter and early interventionist with extensive experience supporting children with disability and their families.

**Where:** 3 Cunningham St, North Sydney

**Cost:** \$87.78 per session or \$263.34 for full program

**Bookings Essential.** RSVP to [services@earlyed.com.au](mailto:services@earlyed.com.au) or (02) 9923 2727

*The costs of this program can be covered using NDIS funding.*



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